

**COME TO MONTGOMERY'S INN FARMERS' MARKET ON
OCT 7th FOR FOOD, SUPPLIES AND BOTTLE DRIVE**

We Need YOUR Help!

The COVID-19 pandemic has placed considerable strain on many vulnerable families.

On Wednesday, October 7, 2020 from 2 to 4 pm at Montgomery's Inn, 4709 Dundas St W., the Rotary Club of Toronto West will be holding a FOOD and SUPPLIES DRIVE in support of:

Youth Without Shelter

www.YWS.on.ca and

North York Harvest Food Bank

www.NorthYorkHarvest.com

They are in need the following FOOD items:

- *rice, pasta, grains*
- *canned meat, canned fish*
- *canned beans, canned vegetables*
- *canned milk*
- *pasta sauce*
- *gluten-free and vegan non-perishable goods*
- *instant noodles (ie Mr. Noodle)*
- *instant coffee, tea, hot chocolate*
- *pancake mix and syrup*
- *cereals*
- *cooking oil*

and these SUPPLIES:

- *shampoo, conditioner, gel*
- *body lotion*

Drop by with your FOOD and SUPPLIES donations for **Youth Without Shelter** on **Wed Oct 7th** between 2-4pm at Montgomery's Inn (look for our Rotary table)

Drop in your FOOD donations for the **North York Harvest Food Bank** to either:

- 116 Industry Street, Toronto M6M 4L8 any day between 9:30 am and 3 pm OR ...
- on **Wed Oct 7th** from 2-4pm at Montgomery's Inn. (look for our Rotary table)

In addition, our Rotary Club of Toronto West is **collecting empty beer bottles/cans, and wine/liquor bottles** on Wed Oct 7th from 2-4 at Montgomery's Inn (look for our Rotary table) to help raise funds to be used in the community. We will be there **every Wednesday** until Oct 28th from 2-4 pm - 4709 Dundas St. W

We proudly acknowledge the assistance of these clubs:

- **York University Rotaract Club**
- **Etobicoke Collegiate Interact Club**
- **Richview Collegiate Interact Club**

What can you do to help??

- donate FOOD and SUPPLY items requested
- spread the word to your family, business associates, friends and neighbours to donate your empty bottles

Let's make this THANKSGIVING 2020 a little more special for those in need!

Thanks for your support!

Visit www.RotaryTorontoWest.ca

